



Career Insights: Day in the Life of a Professional Forex Trader

















































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&semi;amp&semi;semi;equals&semi;semi;&semi;amp&am p;semi;quot&semi;amp&semi;semi;semi&semi;semi&semi ;wpg-tooltip-content&semi;amp&semi;semi;quot&semi;amp&sem i;semi;semi&semi;semi;&semi;amp&semi;semi;gt&semi;amp&semi;semi;&semi;amp&semi;semi;semi&semi;semi;semi;lt&semi;amp&semi;semi;semi&semi;semi;p&semi;amp&semi;semi;gt&semi;amp&semi;semi;semi&semi;semi;Market Sentiment - A feature in [cTrader](#) that shows the aggregate trader positioning on a given [symbol](#)&semi;amp&semi;semi;period&semi;semi; The market sentiment [class](#)="wpg-linkify wpg-tooltip"

title="<;h3 [class](#)=";wpg-tooltip- title";>;<;span [class](#)=";wpg-tooltip-term-title";>;Indicator<;*/span>;<;*/h3>;<;di v [class](#)=";wpg-tooltip- content";>;<;p>;Indicator - A [chart](#) analysis tool &ipar;built-in or custom). Indicators plot values on the [chart](#) &ipar;lines, histograms) to show trends or patterns &ipar;e.g. Moving Averages, RSI, etc.). They cannot [trade](#) on their own. MetaTrader has many built-in <;strong data-start=";11586"; data-



end=";11610";>;Technical Indicators<;/strong>; ;(MA, MACD, etc.) and allows ;<;strong data-start=";11639"; data-end=";11660";>;Custom Indicators<;/strong>; ;coded by users. Indicators (both types) are listed in the Navigator and can be attached to charts. <;/p>;<;p class=";wpg-read-more";>;<;a href=";[https://forexalgos.com/forex-robots-glossary/indicator/](https://forexalgos.com/forex-robots-glossary/indicator)";>;Read More<;/a>;<;/p>;<;/div>;" href="[https://forexalgos.com/forex-robots-glossary/indicator/](https://forexalgos.com/forex-robots-glossary/indicator)">indicator &; &&; ;;(&; ;;visible in the Active [Symbol](#) Panel&; &&; ;;rpar;&; ;; displays the ratio of all [cTrader](#) users &; &&; ;;(&; ;;across supported brokers&; &&; ;;rpar;&; ;; who are long vs&; &&; ;;period&; ;; [short](#) on that instrument&; &&; ;;comma&; ;; it might show 70&; &&; ;;percnt&; ;; long and 30&; &&; ;;percnt&; ;; [short](#) on EUR&am p;; &&; ;;sol&; ;;USD&; &&; ;;comma&; ;; indicating how the community is biased&; &&; ;;period&; ;; This real-time sentiment gauge can help traders gauge crowd behavior&; &&; ;;comma&; ;; though it&a mp;; &&; ;;rsquo;&; &&; ;; ;&; ;;s used as a contrarian [class](#)="wpg-linkify wpg-tooltip" title="<;h3 class=";wpg-tooltip-title";>;<;span class=";wpg-tooltip-term-title";>;Indicator<;/span>;<;/h3>;<;div class=";wpg-tooltip-content";>;<;p>;Indicator - A [chart](#) analysis tool (built-in or custom). Indicators plot values on the [chart](#) (lines, histograms) to show trends or patterns (e.g. Moving Averages, RSI, etc.). They cannot [trade](#) on their own. MetaTrader has many built-in <;strong data-start=";11586"; data-end=";11610";>;Technical Indicators<;/strong>; ;(MA, MACD, etc.) and allows ;<;strong data-start=";11639"; data-

















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i;;Economic Calendar - A schedule of upcoming macroeconomic events and data
releases &;amp&;semi;lpar&;semi;like GDP
reports&;amp&;semi;comma&;semi; employment
figures&;amp&;semi;comma&;semi; central-bank
announcements&;amp&;semi;rpar&;semi; that can
move markets&;amp&;semi;period&;semi;
Traders use economic calendars to know when volatile events will
occur&;amp&;semi;period&;semi; An economic
calendar &;amp&;semi;lquo&;amp&;semi&s
emi;semi&;semi;highlights major national and international events that are
likely to impact the price&;amp&;semi;rdquo&;amp&
;semi;semi&;semi; of currencies and other assets in real
time&;amp&;semi;period&;semi; Automated
systems often check the calendar and may reduce trading activity around high-impact events
to avoid unexpected moves&;amp&;semi;period&;semi&
semi;&;amp&;semi;lt&;amp&;semi;semi
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Central Bank - The national financial authority that issues currency and conducts monetary [policy](#) ; setting interest rates; controlling money supply; Central banks aim for price stability and often influence forex markets through [policy](#) actions;



typically use volatility <> Average True Range to adjust [trade](#) size or widen stops since more volatile markets require larger buffers;

<>[class](#)="wpg-read-more"><>[quals](#);"[https://forexalgos.com/forex-robots-glossary/volatility/](#)";><>Read More<>[quals](#);"[https://forexalgos.com/forex-robots-glossary/volatility/](#)">volatility spikes and to avoid entering trades right before major [news](#)







wpg-tooltip-content; amp&; semi; quot&; amp&; semi; semi&; semi; &; amp&; semi; gt&; semi; amp&; semi; lt&; amp&; semi; semi&; semi; p&; ;amp;&; semi; gt&; amp&; semi; semi&; semi; i; Technical Analysis - The study of historical price charts and statistics &; amp&a mp; semi; lpar&; se mi; like [volume](#)&; amp&; semi; rpar&; semi; to predict future market movements&; amp&; semi; period&; semi; Technical analysts use tools such as [trend](#) lines&; i;amp&; semi; co mma&; semi; [chart](#) patterns&; amp&; semi; comma&; semi; and indicators &; amp&; semi; lpar&; semi; RSI&; amp&; semi; comma&; semi; moving averages&; amp&; semi; comma&; semi; MACD&; amp&; semi; comma&; semi; etc&; amp&; semi; period&; semi; &; amp&; semi; rpar&; semi; to identify trading opportunities&; amp&; semi; period&; semi; In forex&; amp&; semi; comma&; semi; technical analysis is very common&; amp&; semi; comma&; semi; especially among [short](#)-term traders and automated trading systems&; amp&; semi; comma&; semi; under the belief that all fundamental information is already reflected in price&; amp&; ;semi; period&; semi; &; amp&; semi; lt&; amp&; semi; semi&; sol&; semi; p&; amp&; semi; gt&; amp&; semi; semi&; semi; &; amp&; semi; lt&; emi; amp&; semi&se mi; semi&; semi; p [class](#) &; amp&; semi; equals&; semi; &; amp&am p;; semi; quot&; amp&; semi; quot&; amp&; semi; wpg-read-more&; amp&; semi; quot&; amp&; semi; semi&; semi; ;amp;; semi&; semi; &; amp&; semi; semi&; semi; gt&; amp&; semi; semi&; semi; &; amp&; semi; lt&; amp&; semi; semi&; semi; semi; a href&&sem i; amp&; semi; equals&; semi; &; amp&; semi; quot&; amp&; semi; semi&; semi; https&am

























































































trading journal

























recharge; and maintain a healthy work-life [balance](#)





















winning trade









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